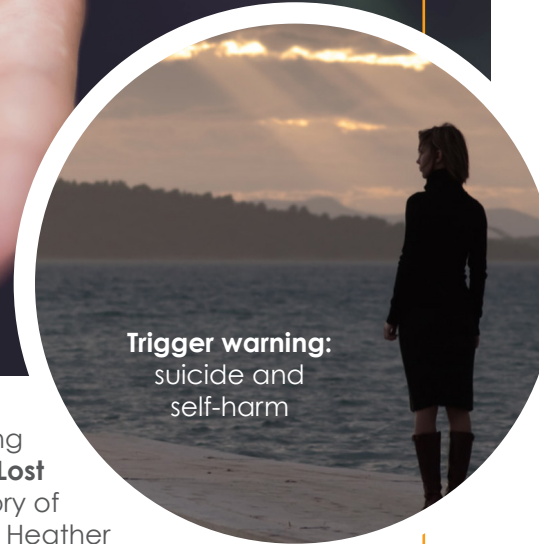


VOICE OF A GRIEVING MOTHER: I LOST MY SON TO SUICIDE

Online Movie Screening and Panel Discussion

Silence around suicide is not an option. Bring your family to this important event and let's begin the conversation together.



Trigger warning:
suicide and
self-harm

Building Hope presents a screening of **"Voice of a Grieving Mother: I Lost My Son to Suicide"** a powerful story of loss, hope and healing shared by Heather Gard of Breckenridge, CO following the tragic loss of her son by suicide.

A panel discussion, moderated by **Erin Ivie Executive Director of Speak Up Reach Out** will follow the screening featuring:

- **Heather Gard**, who lost her 16 year old son by suicide in April 2020
- **Nancy Kerry**, who lost her 34 year old son by suicide in 2013
- **Casey Wolfington**, Clinical Services Director, Eagle Valley Behavioral Health
- **Jen McAtamney**, Executive Director, Building Hope Summit County

Spanish translation will be available for both the video and panel discussion.

WEDNESDAY, NOVEMBER 11 6:30 PM

REGISTER AT BUILDINGHOPESUMMIT.ORG/EVENTS

BUILDINGHOPE
SUMMIT COUNTY

Speak Up
REACH OUT
Suicide Prevention Coalition of the Eagle Valley

The opinions expressed in this presentation are solely those of the presenter(s) and not necessarily those of Building Hope Summit or SpeakUp ReachOut.