



NAMI

National Alliance on Mental Illness

**High Country
Colorado**

970-718-2828

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LEADVILLE EDUCATION NIGHT

Mental wellness is central to ensuring a child’s best start. Early childhood is a critical period of growth, development, and relationship building. When mental health is supported in early childhood, children are healthier, happier, and more likely to succeed. Many communities understand the importance of early childhood mental health but lack a localized plan and the resources to provide effective services and supports. What does early childhood mental health and wellness look like in our community? Parents, grandparents, caregivers and educators are encouraged to attend.

WHEN: Monday, February 24th TIME: 6:30-7:30pm

WHERE: Lake County Public Library

Families & Children are welcome

Complementary Food and Beverages will be served !

Gift Cards
RAFFLE!



Early Childhood Mental Health Toolkit

**Jean Cimino is a Public Health Consultant with
Mental Health Colorado**

"The quality of support given to babies, toddlers and preschoolers make a world of difference for their futures"
ECMH 2018

About NAMI High Country

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI High Country Colorado is a local affiliate of NAMI Colorado. NAMI High Country Colorado’s dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support for families and individuals in our community living with mental illness. Betty Claybrook 970.470.1568.

<https://namihighcountryco.org/>

Contact us to find out more about NAMI Support Groups! Programs! Training!

Participant Perspectives

"NAMI Connection is the promise of what is and what can be in our lives."

